

DISTRICT 6 MEETING MINUTES

Date: November 10, 2018

Meeting chaired by Betty E.

Minutes taken by Cyndi W.

“Our Members: Our Hope for the Future”

In Attendance

Jill L.	Central AFG	GR	
Sandy W.		Visitor	
Tannis R.	Steps to Serenity AFG	GR	
Shannon K.	Al-Anon Works AFG	GR/District Treasurer	
Joanna Mc.	Recovery is Served AFG	GR	
Nancy F.	Friendly Thursday Afternoon AFG	GR	
Cathy McG.	One Day At A Time AFG	GR	
Connie F.	Just For Today AFG	GR	
Cyndi W.	Tuesday 12 & 12 AFG		Phone Co-ord/Recording Secretary
Kevin C.	Byron Tuesday Afternoon AFG	GR	
Diane M	Higher Power & I AFG	GR	
Peggy K	Spiritual Circle AFG	Advisor	
Val	Spiritual Circle AFG	GR	
Betty E	Tues 12 & 12 AFG	GR	
Sharon C	Al-Anon Works AFG	Friday Night Coordinator	
Betsi	Steps to Serenity AFG	PO Coordinator	
Alex R	Hugs Alateen	GR	

Voting Members in Attendance (only GRs or those representing groups vote)

Jill L.	Central AFG	GR	
Tannis R.	Steps to Serenity AFG	GR	
Shannon K.	Al-Anon Works AFG	GR	
Joanna Mc.	Recovery is Served AFG	GR	
Nancy F.	Friendly Thursday Afternoon AFG	GR	
Cathy McG.	One Day At A Time AFG	GR	
Connie F.	Just For Today AFG	GR	
Kevin C.	Byron Tuesday Afternoon AFG	GR	
Diane M	Higher Power & I AFG	GR	
Val	Spiritual Circle AFG	GR	
Betty E	Tues 12 & 12 AFG	GR	
Alex R	Hugs Alateen	GR	

Meeting started at 9:35 am

1. Moment of Silence followed by the Serenity Prayer.

2. Introductions by name and group and position. Attendance sheet was circulated. 12 voting members, 7 to pass vote.

3. Read the Twelve Traditions and the Twelve Concepts of Service including Warranties.

4. Reminder of the Church rules to continue using this meeting space:

- No door propping; using the chair mat to prop open the door is considered disrespectful of the church.
- No smoking in the building and anywhere on church property. It's ok to smoke in your car with doors closed.
- The Church encourages us to use the Just of Today AFG magnetic sign telling meeting attendees to ring the doorbell. This sign is stored in the top shelf of the unlocked cupboard just inside the door.

NOTE: When other groups are meeting at the church (not related to Al-Anon) we do not allow entrance. Notify meeting groups in the basement that the doorbell cannot be heard and they would need to post someone at the door.

5. Minutes of Previous Meeting. Errors or omissions 5 errors .pg 3 & 4- spelling - Psychology, ESH & FNOSPM expanded to Experience strength & hope and Friday night open speaker meeting. Motion to accept the minutes as amended: Connie; 2nd Diane. Carried unanimously.

6. Treasurer's Report. WOC \$ still pending. Motion to accept Treasurer's Report as is: Tannis; 2nd Connie F. Carried unanimously.

7. Group Representative Reports. If the GR is unable to attend, please send your AGR or another person representing your group for the day. Please submit a written report to the secretary.

One Day At A Time AFG. 1) 9-14 in attendance past month 2) 1-3 newcomers past month and some continued to attend 3) Good sharing

Central AFG. Group is averaging 6-13 people weekly. We are getting newcomers and a couple are attending regularly. At our last business meeting we asked the members if anyone could be present for the meeting on Dec.24th and Dec.31st -- No one volunteered so we will have to close Central Group on these dates.

Just for Today AFG. Monday night- running well, 10-18 in attendance. We filled a couple open service positions. Three newcomers the last month, still coming. No issues.

Helping Hands AFG. no report-- Tues afternoon - Strathroy

Byron Tuesday Afternoon AFG. Attendance 18-24. Newcomers over the last 4-5 weeks. Nov.20th.

Tuesday 12 & 12 AFG. 6-10 weekly, newcomers continuing to come. Still need members to join our group. Christmas day -open.

East 58th AFG. 8-13 weekly. Meetings going well-still need a group rep.

Recovery is Served AFG. 3-8 members in attendance..1 newcomer this month

Al-Anon Works AFG. Wed. Mnt Hope. Attendance is strong at 18-20 people & some newcomers. AGR has had to step down. 20th anniversary Celebration Dec.5th @7:30pm. Speaker meeting & treats. Speaker is a founding member.

Friendly Thursday Afternoon AFG. 15 - 22 in attendance. Group going well. Some newcomers that are returning regularly.

Higher Power and I AFG. Attendance has been approx 15 & increasing. Newcomers attending & some continuing to attend. Had a business meeting 2 weeks ago. Members getting involved in decision making which is positive.

No Guff 12 & 12 AFG. no report-- Thurs evening - New St.James

Spiritual Circle AFG. Attendance continues to be good on both Saturday & Sunday. We're getting newcomers, some whom return. I'm pleased to report that Saturday's meeting now ends on time which honours our commitment to everyone that we start and end on time.

Saturday Night Wisdom AFG. no report

Steps to Serenity AFG. Average attendance 12-15. Many newcomers. 1st year anniversary Nov.18/2018 6-7pm. Baked treats & refreshments. New temporary GR -Tannis R

Key to Harmony AFG. no report

HUGS Alateen. Alex -GR reported 4 regular members. 1yr anniversary next Sunday. 2 newcomers over the last month.

Outreach Meetings Reports.

Friday Night Open Speaker Meeting AFG. Co-ordinators: Sharon C & Steve T. Sharon reported - 20-30 people attend. The Speaker Schedule has been sent.

Gateway AFG - Co-ordinator Vit S. No report

Future Hope AFG. Coordinator Georgina C. No report

8. Committee Chairperson Reports.

Chairperson/Coordinator (or delegate) briefly shares recent activity. If you are unable to attend District Meeting, please forward report to District Secretary. Please submit a written report to the secretary.

After each report, opportunity for questions and answer period if indicated. (Limit to minutes)

AI-Anon Day – Vacant position open

Answering Service – Cyndi W. 1 of our volunteers has decided to pursue other service positions so looking for support to fill in a couple of days. Just 1 or 2 days a week picking up the messages. If unable to call the messenger back than I will. Very much a 1st step service position...ie. lots of opportunity to review the first step! We get 1-5 calls per week.

Archivist – Vacant position open

Byron Rally – New chairperson TBA

Public Outreach/Website – Betsi Requesting information as to what AI-Anon meeting will be CLOSED over Christmas and the New Year. Do we have a new meeting? Speaking at UWO on Nov.20th. Alkathon looking for volunteers for to greet, serve food, cook turkeys and desserts. Intergroup will take \$\$ donations for Alkathon if service/food/time is not available. Shannon noted that the Faces & meeting lists available.

Supportive Alateen Members (SAM) – Marg S. We continue to rotate the Alateen meetings. I have received another application for an AI-Anon member to become a SAM.

Western Ontario Conference – Leona B

Strathroy Roundup- vacant

9. District Representative Update – Betty/Peggy

Vacant positions - Alanon Day/Archivist/Strathroy Roundup. So many can support in a service position so taking on the a lead role - you are not alone. Connie asked if need to be a GR and answer was no and Betsi added that if sometimes a group can chair an event..so just know you are not alone...not one person...it's a community!

10. New/Old Business – Discussion Items.

OLD

District Inventory. Betty -Second meeting was Sat.Oct 27/18 @ 450 Spruce St. Next meeting was Nov.24th at same address. Again, anyone interested in joining us--please do. Contact Betty 519-318-8055.
We can let groups know about Inventory--it a members survey.

Budget. Shannon - Alateen domain not included --Betsi to clarify. AWS- no final \$ from DR 2019 travel costs as assembly will be west of Toronto. Future Hope & Gatewate - police checks ?? Val to check with Gorgiena.
Alanon Day - Revenue/expense...now expense but moved to revenue. Peggy shared that we put in expense so that no one is out of pocket to do service
WOC- still not sure... \$200 Bucketed - Sharon suggested \$250.
Friday Night Literature package used for replenishing supported meetings/roundups
Office supplies can be submitted --budget line is \$200 - Shannon suggested it to be \$250
Alateen police checks-only 1 reimbursed and therefore assuming many have no been submitted. In 2019 all SAMS need to get re-checked...Shannon to confirm expense with Marg and put in budget.
Discussed that group contributions to District 6 Must go to our PO BOX 944 noted on contact list.
Draft 2 to be sent before next meeting.

NEW -Election/voting held for candidate for Alternate District rep. Betty E nominated and successful in voting.

11. Open Forum (as time permits). 15 min avail

Concern discussed of issue with meetings going on after endtime and ideas to overcome this issue. Val shared the ability for anyone in the group has a voice to state...kind firm reminders of the end of the meeting time. A statement at the beginning of the meeting stating the importance of ending on time and if more need to share that we recommend one on one with a Sponsor

12. Items to be carried to the next meeting. Budget, Vacant positions & District Inventory

13. Date of Next Meeting: Saturday, Dec.8, 2018, 9:30 – 11:30 am

14. Motion to Close Meeting: Connie; 2nd Jill. Carried unanimously.

15. Closing: Al-Anon/Alateen Declaration.